**B59005**

User manual

Please read this manual before using the product to fully understand its

use and operation.

CAUTION:

- The company reserves the right to modify the contents of this manual without any further notification. Some functions may vary in certain versions of software.
- Please charge this product with the charger provided for no less than 2 hours before using it for the first time. Use only the charger that is included with the product. Make sure that the charger and the smart watch are properly connected while charging. Do not charge if the watch has water (or sweat) to avoid short circuits and damaging the product.
- Avoid hitting the smart watch, it could break the glass.
- The waterproof rank is IP68, therefore the smart watch can be used for daily life. But the smart watch cannot be used for diving or be under water for a long time. In addition, the smart watch cannot be used in shower/baths with hot water, since the water steam will damage it.

Product description
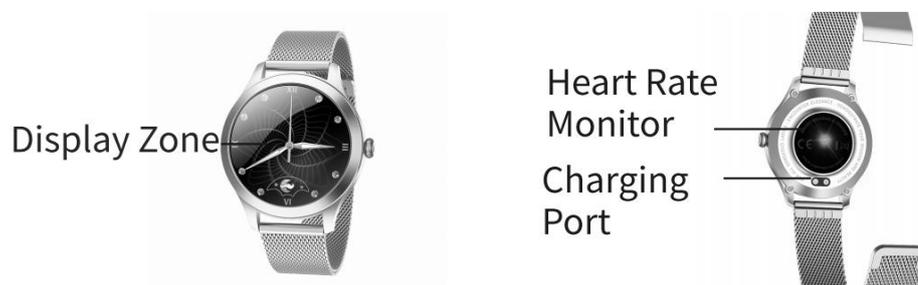
System Requirements:
Android: Android 5.1 or above
iPhone: iOS 9.0 or above

Turn on/off
Press and hold the side button for 3 seconds to turn on the smart watch; short press the side button to activate the watch when in standby mode.
Press and hold the side button for 3 seconds to turn off the smart watch.

Strap adjustment (for metal straps)

1. Buckle diagram (Figure 1).
2. First use the stylus to lift the buckle so that you can move it to the desired position (Figure 2).
3. The position of the buckle seat should be aligned with one of the slots on the opposite side of the strap (Figure 3).
4. Hook the buckle onto the thin bar, then push down the buckle (Figure 4).
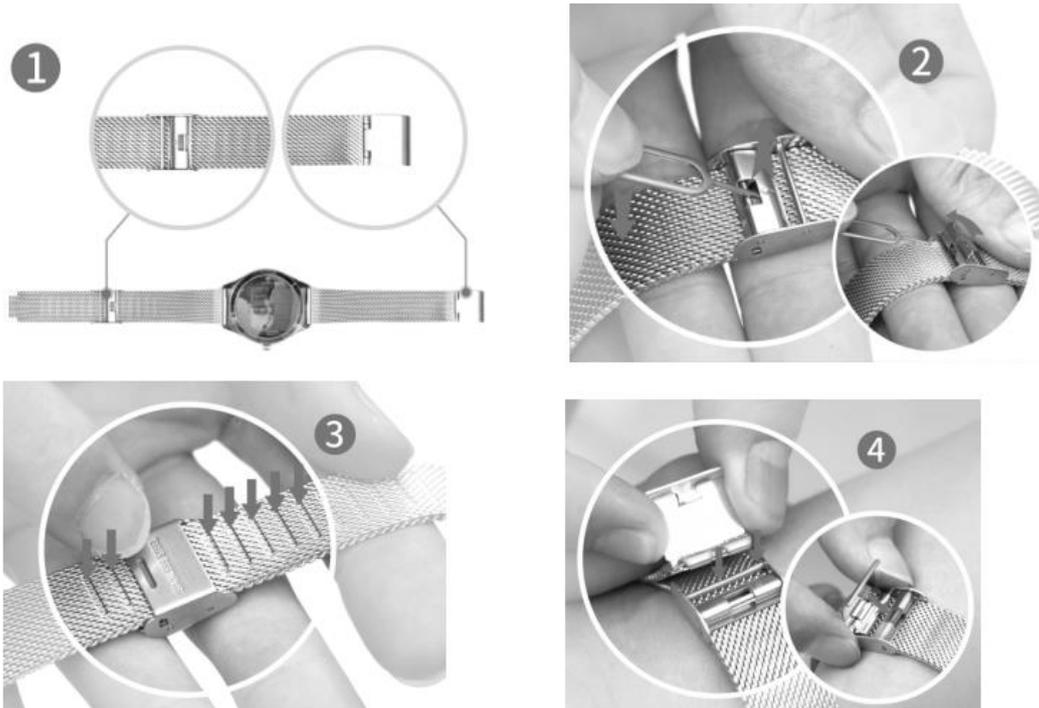
Download and install the application

1. Go to our website www.mareasmart.com and find your smart watch model. The model number is found on the back of the smart watch (it starts with "B" and is followed by five digits).
2. Download and install on your phone the official app that corresponds with your smart watch model.
3. Open the app and enable all the permissions that the app requests.
4. Turn on Bluetooth on your phone.
5. Make sure that the smart watch has not been linked directly through Bluetooth to your phone. If so, unlink it.
6. Bind your Marea Smart watch through the app.

Notes on linking:

- Only one smart watch pairing application should be installed on the phone to ensure that the connection with the smart watch is normal. If several applications are connected, they can affect the connection between the watch and the phone. Some Android phones will prompt you that you cannot install them. Please go to 'settings' of the phone and authorize the 'Unknown source'.
- When the mobile phone requests permissions, click "Allow". On the contrary, you may not receive notifications, scan QR codes, open the remote camera or use other functions. These permissions do not affect the flow of the phone or other information on the phone.
- Some Android phones may accidentally close the app when cleaning the applications. Please keep the app running in the background. To turn on this function on your phone: open the phone settings - application management – official application - rights management - backstage management - select background running. The setting method may be different due to different mobile phone versions and models.
- For iPhone: if the phone is in standby or hibernationmode for a long time (for example, for 2 hours or more the phone has not been in use and the screen is off), the application will be closed by the iOS system , so the application and the watch will be disconnected and the application functions will not be available. Re-activate the phone and it will automatically reconnect.

Functions in Smart watch

From the home screen on the smart watch:

- Swipe up to enter the main menu.
- Swipe down to see the status bar (includes: settings, do not disturb mode, brightness, date, battery, and connection status).
- Swipe right to enter the message interface.
- Swipe left to enter the shortcut menu (includes: pedometer, heart rate, sleep, and menstruation). The menstruation icon will appear on the smart watch only after setting it on the app.
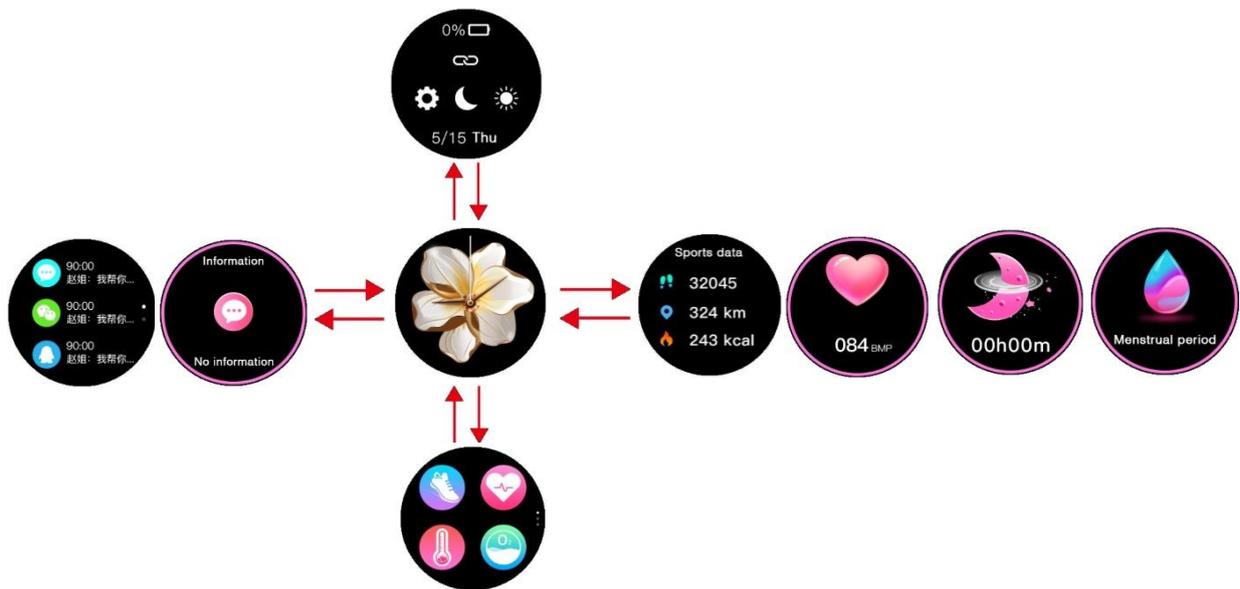
Home screen selection

Long press the home screen to enter the selection interface, swipe right / left to see all available options. Click on the desired screen to make it the home screen.
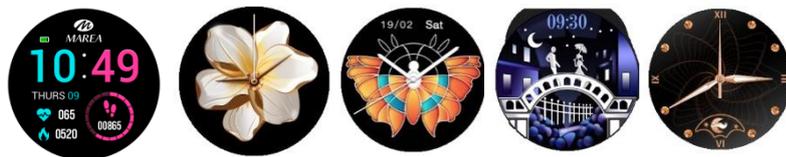
From the home screen, swipe up:

Click on the corresponding icon to access the following functions:

A. Steps, distance and calories: It shows the steps taken, the distance traveled and the calories consumed on the current day. You can check the historical data on the app.

B. Heart rate: Upon entering the function, the heart rate measurement will start automatically. Wait about 1 minute for the measurement to finish. The data will be displayed in more detail on the app.

C. Blood pressure: Upon entering the function, the blood pressure measurement will start automatically. Wait about 1 minute for the measurement to finish. The data will be displayed in more detail on the app.

D. Blood oxygen: Upon entering the function, the blood oxygen measurement will start automatically. Wait about 1 minute for the measurement to finish. The data will be displayed in more detail on the app.

Notes on health functions:

- Monitoring heart rate, blood pressure, and blood oxygen requires the watch and arm to be in contact, and the watch should not be too tight or too loose. The test can be inaccurate if it is too tight because it will affect blood flow, and if it is too loose because it will affect the monitoring of the heart rate sensor.
- The results of the smartwatch measurements are only indicative and cannot substitute in any case for any medical test. Please follow your doctor's instructions and do not rely solely on these results for an evaluation.

From the home screen, swipe up twice:

Click on the corresponding icon to access the following functions:

E. Messages: Shows the last 3 messages. The phone and the watch have to be linked and within the Bluetooth range. Notifications cannot be deleted. The last notification received will replace the oldest one. On the app you can select what type of notifications you want to receive on the smart watch.

F. Sports: In the sports menu, swipe left / right to view all available sports (walking, indoor walking, running, indoor running, cycling and hiking).

Press on the chosen sport and the exercise recording will begin. To finish registration, swipe to the right or press the button on the side of the watch. Click "x" to continue or" √ " to stop and save the data. The data will only be saved if there is a minimum of movement and a minimum of 5 minutes of duration (otherwise a message will notify that the data is insufficient to save).

All historical data can be viewed on the app.

G. Sleep: If you have worn the watch during the previous night, click on the "Sleep" icon to see the hours and minutes of total sleep for the previous night. You can check the historical data io the app.

H. Find phone: Click the Find phone icon to enter its interface, click again on the icon and the paired phone will ring so you can find it. The phone and the watch have to be paired and within the Bluetooth range.

From the home screen, swipe up three times:

Click on the corresponding icon to access the following functions:

I. QR code: Scan the QR code with your phone to download the app through your app store or browser.

J. Music remote control: Displays button to play / pause and skip to previous or next song, to remotely control the music playing on the paired phone.

K. Stopwatch: Click on start icon to start the count. Click the lower left icon to save a split time or the pause icon to pause. When the time is paused, click on the split time to view all split times or click the reset icon to reset to 0. The smart watch stores up to 4 split times.

L. Settings:

Screen brightness: Click "+" to increase and click "-" to decrease. The brighter it shines, the more battery it will use.

QR code to download app: Scan the QR code with your phone to download the app through your app store or browser.

About the smart watch: Displays the Bluetooth name, Mac address, and version number.

Restart: Resets the smart watch to factory settings (click " √ " to confirm or "✕" to exit). This function will erase the data saved on the smart watch.

Turn off: Turns off the smart watch (click on " √ " to confirm or "✕" to go out).

Return to home screen

From any function, swipe right to return to the previous menu or short press the side button to return directly to the home screen.

Functions in the app (they can only be used if the smart watch is linked)

Menstruation: Registered app users with female gender can set the menstrual cycle function. Only after setting it on the app will the menstruation icon appear on the smart watch.

Notifications: Activate notifications for each of the apps you want to receive notifications from on your watch. When the phone receives incoming calls or new notifications from activated apps, these notifications are received on the smart watch. The last unread 3 messages / notifications can be viewed in the message interface on the smart watch.

Reminders: They are set on the app and, when the selected time arrives, the watch will vibrate and display the corresponding icon. Includes sedentary reminder, drink water reminder and alarm clock (up to 5).

Do not disturb mode: If this function is activated, the smart watch will not receive notifications and its screen will not turn on when you lift your wrist between 22:00 and 08:00.

Raise wrist to turn on screen: If this function is activated, the smart watch screen will turn on when you lift your wrist and the smart watch is in standby mode.

Automatic heart rate monitoring: If this function is activated, when you wear the smart watch on your wrist, takes an automatic heart rate measurement every 5 minutes.

Automatic blood oxigen monitoring: If this function is activated, when you wear the smart watch on your wrist, takes an automatic blood oxigen measurement every 5 minutes.

Camera remote control: Click on "Take a photo". The camera icon will appear on your smart watch, shake the smart watch and the phone will take a photo. The photo will be saved in the phone gallery. On some phones, you may need to open the camera on your phone first in order to use this function.
Note: When the camera usage request appears, select "Allow".

Find smart watch: Click on this function and the watch will vibrate. The phone and the watch have to be linked and within the Bluetooth range.

Firmware update: If there is a new version of the smart watch firmware, it will update to the latest version.

Firmware version: Displays the current firmware version of the smart watch.

Reset: Click to restore factory settings on the smart watch. This function will erase all the data saved on the smart watch.

Unlink: Click to unpair the smart watch from the paired mobile phone.