Please read this manual before using the product to fully understand its use and operation.

CAUTION

- The company reserves the right to modify the contents of this manual without any further notification. Some functions may vary in certain versions of software.

- Please charge this product with the charger provided for no less than 2 hours before using it for the first time.Use only the charger that is included with the product. Make sure that the charger and the smart watch are properly connected while charging. Do not charge if the watch has water (or sweat) to avoid short circuits and damaging the product.

- The two contacts of the charging cable cannot be in contact with a conductor material at the same time, it will cause a short circuit and burn.

- Avoid hitting the smart watch, it could break the glass.

- The waterproof rank is IP68, therefore the smart watch can be used for daily life. But the smart watch cannot be used for diving or be under water for a long time. Furthermore, the smart watch cannot be used in showers / baths with hot water (the water steam can damage it) or in salt water (if it entered the smart watch, it would corrode the internal parts).

System Requirements:

Android: Android 4.4 or above

iPhone: iOS 8.0 or above

Bluetooth: 4.0

Download and install the application

1. Go to our website www.mareasmart.com and find your smart watch model. The model number is found on the back of the smart watch (it starts with "B" and is followed by five digits).

2. Download and install on your phone the official app that corresponds with your smart watch model.

3. Open the app and enable all the permissions that the app requests.

4. Turn on Bluetooth on your phone.

5. Make sure that the smart watch has not been linked directly through Bluetooth to your phone. If so, unlink it.

6. Bind your Marea Smart watch through the app.

Notes on linking:

- Only one smart watch pairing application should be installed on the phone to ensure that the connection with the smart watch is normal. If several applications are connected, they can affect the connection between the watch and the phone. Some

Android phones will prompt you that they cannot install the app. Please go to 'settings' of the phone and authorize the 'Unknown source'.

- When the mobile phone requests permissions, click "Allow". On the contrary, you may not receive notifications, scan QR codes, open the remote camera or use other functions. These permissions do not affect the flow of the phone or other information on the phone.
- Some Android phones may accidentally close the app when cleaning the applications. Please keep the app running in the background. To turn on this function on your phone: open the phone settings - application management - official application - rights management - backstage management - select background running. The setting method may be different due to different mobile phone versions and models.
- For iPhone: if the phone is in standby or hibernation mode for a long time (for example, the phone has not been in use for 2 hours or more and the screen is off), the application will be closed by the iOS system , so the application and the watch will be disconnected and the application functions will not be available. Re-activate the phone and it will automatically reconnect.

Smart watch operation

S1 button
- Quick access to heart rate test

S2 button
- Switch main menu

S3 button
- Turn on/off
- Switch home screen
- OK button
- Enter each function submenu

S4 button
- Back to home screen
- Wake up screen

Touch Screen

Home screen selection
- Press S3 or long press the screen to change the home screen. There are 3 different styles to choose from:

Turn on/off
- Press and hold S3 to turn on/off the smartwatch.
- Short press S4 or press once the screen to activate the watch when in standby mode.

Access main menu
- Press S2 or touch the screen to enter the main menu.
- Press S2 again or touch the screen to go from one function to the next.

- Press S3 or long press the screen to enter each function submenu.
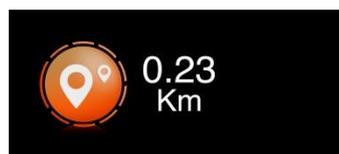- Press S4 to go back to the previous menu/home screen.

Main functions in smartwatch

The main menu includes the following functions:

Steps

Shows the steps taken on the current day. The data is cleared at 00:00 every day. You can check the historical data on the app.
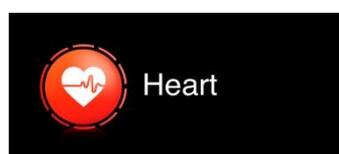
Distance

Shows the distance walked on the current day. The data is cleared at 00:00 every day. You can check the historical data on the app.

Calories

Shows the calories consumed on the current day. The data is cleared at 00:00 every day. You can check the historical data on the app.

Heart rate

The heart rate measurement will start automatically. Wait until the test ends and the result will be shown on the screen. The test result will be saved in more detail on the app.

Blood pressure

The blood pressure measurement will start automatically. Wait until the test ends and the result will be shown on the screen. The test result will be saved in more detail on the app.

Blood oxygen

The blood oxygen measurement will start automatically. Wait until the test ends and the result will be shown on the screen.

Notes on health functions:

- Heart rate, blood pressure and blood oxygen monitoring require the watch and arm to be in contact, and the watch should not be too tight or too loose. The test can be inaccurate if it is too tight because it will affect blood flow, and if it is too loose because it will affect the monitoring of the heart rate sensor.
- The results of the smartwatch measurements are for reference only and cannot substitute in any case for any medical test. Please follow your doctor's instructions and do not rely solely on these results for an evaluation.

Sleep

If you have worn the watch during the previous night, it shows the sleep time of last night. On the app you can check the historical data, as well as sleep info in more detail.

Training

Includes 6 different sport modes (running, cycling, skipping, badminton, pingpong, tennis). Long press the screen or press S3 to enter the interface. Short press the screen or press S2 to go to the next sport mode. Long press the screen or press S3 on the desired sport to start the measurement. To exit, long press the screen or press S4. You can check the historical data on the app.

Messages

Shows the last 8 messages / notifications. Long press the screen or press S3 to enter the interface. Short press the screen or press S2 to go to the next message. Long press the screen or long press S3 to delete that notification. The last notification received will replace the oldest one. The phone and the watch must be linked and within the Bluetooth range. On the app you can select what type of notifications you want to receive on the smart watch.

More Functions

Long press the screen or press S3 to enter its menu and short press the screen or press S2 to go to the next function. Includes the following options:

About

Long press the screen or press S3 to see the Mac address and version number. Short press the screen or press S3 to exit.

Find phone

Long press the screen or press S3 and the paired phone will ring so you can find it. The phone and the watch must be paired and within the Bluetooth range.

Brightness

You can increase/decrease the brightness of the screen. Long press the screen or press S3 to to select the next level of brightness. The brighter it shines, the more battery it will use.

Off

Long press the screen or press S3 to turn off the smartwatch.

Reset

Long press the screen or press S3 to reset the smartwatch to factory settings. This function will erase all the data saved on the smart watch.

Main functions on the app (they can only be used if the smart watch is linked)

Notifications

Activate notifications for each of the apps you want to receive notifications from on your watch. When the phone receives incoming calls, text messages or new notifications from the activated apps, these notifications are received on the smart watch as well. The last 8 messages / notifications can be viewed in the message interface on the smart watch.

Alarm clock

You can set up to 3 alarms. When the time has come for an alarm to go off, the smart watch will vibrate and show the alarm clock icon.

Sedentary reminder

If this function is activated, when you have been in the same position for a long time, the smart watch will vibrate and show a sedentary icon to remind you to get up and move.

Find smart watch

Click on this function and the smart watch will vibrate so you can find it. The phone and the watch must be linked and within the Bluetooth range.

Camera remote control

The camera on the phone will open. Shake the smart watch and the phone will take a photo. The photo will be saved in the phone's gallery.

Note: When the camera usage request appears, select "Allow".

Raise wrist to turn on screen

If this function is activated, the smart watch's screen will turn on when you lift your wrist.

Screen on time

Select the time that the screen of the smart watch is on before entering the standby mode.

Heart rate monitoring

If this function is activated, the smart watch will automatically make a heart rate test every 2 hours. The results will be saved on the app.

Do not disturb mode

If this function is activated, the smart watch will not receive notifications during the selected time interval.

Vibration

You can turn on/off the vibration of the smart watch.

Languages

Select the language for the smart watch interface.